## GRAIN VALLEY

PARKS AND RECREATION

## KARATE 2025



Little Dragons Class

Stranger danger is greatly emphasized. Classes are designed to improve coordination, instill selfesteem and teach basic karate.

AGES 3-5 YEARS

4:15PM - 4:45PM

\$50 FOR 7 WEEKS



Beginning Karate

Class

Promotes self-discipline, self-esteem, confidence and academic excellence. All while teaching self-defense, sportsmanship and fun!

AGES 6 & OLDER

4:45PM - 5:30PM



Classes will be held every Tuesday from February 11th - March 25th

Deadline to register is Monday, February 10th



Register now!