

Grain Valley Parks & Rec

Fall Karate 2024



REVISED

LITTLE DRAGONS CLASS

AGES 3-5 YEARS

Stranger danger is greatly emphasized.

Classes are designed to improve coordination, instill self-esteem and teach basic karate skills through games & age-appropriate activities.

4:15pm-4:45pm

\$50 for 7 weeks



BEGINNING KARATE CLASS

AGES 6 & OLDER

Promotes self-discipline, self-esteem, confidence and academic excellence.

All while teaching self-defense, sportsmanship and fun!

4:45pm-5:30pm

\$60 for 7 weeks

**ATTENTION:
NEW DATES!**

Classes will be held every Tuesday from
October 15th - December 3rd
at the Grain Valley Community Center - 713 Main St.

Registration deadline extended!

You now have until October 15th to get registered!

GRAIN VALLEY
MISSOURI

PARKS AND RECREATION